

# Changes in CAP Accreditation

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### USAV CAP Accreditation Rules: Changes for 2004-2005

Like an athlete caught in a coaching change mid-career, the USAV CAP accreditation rules have changed in the last year... and as of 2004, USAV CAP coaches will also need to pass a background check in order to accredit or to renew their accreditation at any level.

The CAP I & II courses and accreditation rules have changed in 2004, following a redesign of the program. In 2004 the requirements went back to the original requirement of renewal at the same level or move up every 4 years, which was the requirement prior to the year 2000. The newest info on renewal is:

- Level I renewal: take 4 approved modules or attend another USAV CAP course in 4 years
- Level II renewal: take 5 approved modules in 4 years or attend another USAV CAP course
- Level III renewal: take 6 approved modules or attend another USAV CAP national seminar in 4 years

This promotes the USAV CAP concept of continuing education for our coaches. Modules will be available at every USAV CAP course site, at some USAV High Performance (HP) coaching clinic sites, and at least one "modules-only" weekend each year at the Olympic Training Center (COS-OTC) in Colorado Springs, as well as selected approved outside coaching clinics.

So if renewing any prior CAP certification in 2004, your CAP certificate will be good until the same date in 2008. At that time you will need to renew under the new requirements. Anyone accrediting for the first time in 2004 or beyond will have to play by the new rules.

The previous renewal discount program (in place from 2000-2003) will be phased out by December 31, 2005.

Discounts will not apply to any module or late fees. Those costs would be additional.

2005 is the last year any discounts will apply for reaccreditation (please contact the USAV CAP office before registering for a CAP course if you think you may be qualified for that discount program).

In addition, as of 2004, coaches will also need to pass a background check in order to accredit or to renew their accreditation at any Level.

Anyone who is associated with a USAV juniors' team or program will undergo the background check through their USAV region office.

Those *not* affiliated with a USAV juniors' team will also need to go through the background check prior to being CAP accredited or reaccredited at any level (requires an additional \$20 processing fee).

Address any questions to [cap@usav.org](mailto:cap@usav.org).

### New CAP Level I Certification Requirements

CAP Level I classes are open to all coaches, no matter what level of experience, however it is strongly recommended that coaches take the IMPACT-level clinic (or equivalent Foundations course) before attending CAP I. Acquiring the necessary beginning knowledge base and familiarity with terminology is necessary to get the most out of your CAP Level I weekend. Please note that the Foundations requirement for CAP Level I accreditation will become a prerequisite to attending CAP Level I (or ordering the *Home Equivalency Test Package*) by 2006. In addition, by 2006 an experience component will be required before attending a CAP Level II course. CAP Level I home equivalency coaches must present proof to the USAV CAP national office that they have attended a *Foundations of Coaching* class, submit a signed *Code of Ethics*, and submit proof of attending one additional Level I module (or purchase one Additional Level I module at their CAP Level II weekend if offered) prior to being allowed to attend a CAP Level II course.

Your course fee includes:

- Day 1: 10 hours of expert instruction covering the core CAP Level I material
- Day 2: 3 CAP Level I modules (length of each may vary)
- Textbooks/materials: *Coaching Volleyball: Building a Winning Team*, by McGown, Froske and Moser; *USAV National Office Coaches Code of Ethics* pamphlet



# Changes in CAP Accreditation (continued)

- Supplemental handouts
- Discount for purchase of the IMPACT manual
- Follow-up written test: CAP I knowledge test
- Certificate of CAP Level I accreditation upon completion of requirements
- Free subscription to the USA volleyball biweekly e-mail newsletter, *Rotations*
- Free subscription to USAV CAP Education e-mail lists for notification of upcoming events and news

Accreditation for CAP Level I requires:

- Core CAP Level I course attendance
- Attendance at 3 CAP Level I modules (included with course fee)
- Attendance at a fourth additional module, which often can be purchased and completed during the same course weekend or may be attended at other USAV-CAP approved clinic modules. Some USAV High Performance coaching clinic sessions may meet this requirement.
- Submission of a signed *Code of Ethics* (included in course materials; will be collected at your course)
- Passing grade (80%) on written CAP Level I test (which is emailed to all participants following the course weekend). At the present time, there is no deadline for submitting/passing this test. See separate instructions page for taking this test. You will be notified if you do *not* pass a test and will have the opportunity to retest. After passing tests or retests, you will be notified and accredited only when all other Level I requirements are completed.
- Passing a background screening administered through your local region office if a USAV member affiliated in any way with a juniors' club program; Non-USAV members must pay an additional \$20 fee for the processing of their Background Screen through USAV CAP.
- Submission of proof of having attended a *Foundations of Coaching* class. The Foundation training needs to be any one of the following: IMPACT, ASEP, PACE, NYSCA, NFHS, FIVB, Canadian Volleyball Association, or any other acceptable state or local school district coaches' training or certification. Most of the above issue certificates or letters for passing the course. A teaching degree in physical education or coaching is also enough proof of

training in a foundation in coaching course; simply submit a copy of your transcript and diploma, or a copy of your teaching license.

## New CAP Level II Certification Requirements

CAP Level II classes are open to all Level I accredited coaches, no matter what level of experience, and to all Level I home equivalency coaches who have passed that test.

Your course fee includes:

- Day 1: 10 hours of expert instruction covering the Core CAP Level II material
- Day 2: 4 CAP Level II modules (length of each may vary)
- Textbooks/Materials: *Volleyball Coach's Survival Guide*, by Sue Gozansky; *USAV National Office Coaches Code of Ethics* pamphlet
- Supplemental handouts
- Coaching briefbag
- Discount for purchase of 2004 IMPACT manual
- Follow-up written test: CAP II Knowledge Test
- \*Free subscription to the USA volleyball electronic newsletter, *Rotations*
- Free subscription to USAV CAP Education e-mail lists for notification of upcoming events and news

Accreditation for CAP Level II requires:

- Core CAP Level II course attendance (day 1)
- Attendance at 4 CAP Level II Modules (included with course fee; day 2)
- Proof of having taken 2 additional elective Level II modules - which may be offered and pre-purchased the same weekend as your CAP II course, (or may be taken at other non-USAV CAP clinics if on the approved module list. Check with the CAP office). Some USAV High Performance coaching clinic sessions may meet this requirement.
- A signed national *Code of Ethics* on file in your CAP record (included in course materials; collected at your course)
- Passing a background screening administered through your local Region Office if a USAV member affiliated in any way with a juniors' club program. Non-USAV members must pay an additional \$20 fee for the processing of their background screen through USAV CAP.