

WHAT IS OVR HIGH PERFORMANCE?

What is High Performance?

At the national level, the High Performance (HP) program is the “pipeline” of USA Volleyball for athletes who aspire to reach the elite level of the sport. It is intended to grow the pool of talented young players who want to compete for a spot on the USA National and Olympic teams. The OVR selects volleyball all-stars, via regional tryouts, to represent region and compete in the international tournament sponsored by USA Volleyball High Performance.

Why compete at the High Performance Championships?

It is an opportunity for the best players in the OVR to play together against some of the best players in the country. The OVR believes in giving great opportunities to the athletes in the region and to compete at this elite level.

Why play on the OVR High Performance team?

Junior athletes are given the fantastic opportunity to be coached by some of the top coaches in the region. Playing for and learning from college and high level coaches is incredibly valuable for a young player. The HP Championships also act as an additional opportunity for players with collegiate aspirations to showcase their ability. College coaches recognize that this tournament hosts some of the best players from around the country.

What is the difference between OVR HP and USAV HP?

USA Volleyball hosts tryouts across the United States in order to form their teams for the Championships. The OVR only selects players within the region from our own tryouts. USAV has different levels of commitment from the athletes and events they attend with not all athletes attending the Championships; the OVR commits all of its teams to the Championships and also helps sponsor the OVR teams financially.

What if an OVR athlete is not chosen for the OVR HP travel teams to the Championships?

The OVR offers a developmental camp for young juniors who are not attending the Championships. For girls, this is a 2-3 day camp that is hosted at a college in the region and for boys, it is a summer series of day camps at men’s volleyball coaches in the region. These camps give the athletes a chance to work with high level coaches to improve their skills.