



www.usavolleyball.org

Why is USA Volleyball “The Right Choice”?

USA Volleyball and its Regional Volleyball Associations (RVAs) Specialize in Volleyball and Beach Volleyball 365 days a year

USAV, a non-profit, non-government supported organization, sets the standards at all levels from the National Teams to the youngest and oldest age groups in indoor, beach, grass and Paralympic disciplines for both genders. No other organization is so totally invested in creating volleyball as a lifetime sport from top to bottom.

USA Volleyball as the National Governing Body (NGB)

USAV is the only organization so recognized by the United States Olympic Committee (USOC) and the Federation Internationale de Volleyball (FIVB) for both indoor and beach volleyball in America.

College Scholarships and Olympic Dreams

College scholarships and Olympic dreams begin with USA Volleyball, which has over 255,000 registered members, 12,000-plus teams and over 5,000 clubs nationwide. Membership in USAV provides opportunities for teams from all 50 states to compete for the title of “National Champion.”



Local, Regional and National Events

Players have the opportunity to play in high quality, exciting USA Volleyball sanctioned competitions – both indoor and beach – that are open only to USAV members.

USAV hosts National Championship level events for young adults, collegiate players and adults with age divisions that may exceed 70 years old, along with elite qualifying tournaments into their gender-specific USA Volleyball Open National Championships, Beach Nationals and the National Collegiate Volleyball Federation (NCVF) U.S. National Collegiate Club Championships.

Security, Safety and Background Checks

USAV sets standards for facilities and is proactive in teaching safety issues to players, coaches, club directors, officials, event organizers and organizations to ensure the safest environment possible. EVERY adult (coach, official, assistant coach, chaperone, etc.) over the age of 18 working with USAV juniors has a comprehensive background check performed biannually. USAV members benefit from having a comprehensive insurance package provided to them as part of their registration fees

Educational Opportunities for the Beginner to the Advanced Coach/Official

As volleyball continues to gain popularity, there is a constant need for skilled adults to take on the roles of coaches, officials and scorekeepers throughout the volleyball community. All USA Volleyball junior coaches must complete minimum coaching education requirements through the USAV Coaching Accreditation Program (CAP). A state of the science, annually updated introductory level coaching clinic, called IMPACT, is delivered both locally by the RVAs and in national webinars. USAV has partnered with the National Federation of High Schools (NFHS) and the American Volleyball Coaches Association (AVCA) to offer the next level of training with a new online course.

USAV also develops high-quality referees and scorekeepers who must undergo certification and evaluation, creating a pool of regionally and nationally certified court officials, through live, in person training and online education.



Individuals within USA Volleyball have the opportunity to advance their coaching skills through the CAP program with modules taught by highly qualified coaches including members of the National Team coaching staffs. The annual USAV High Performance Coaches' Clinic brings in the top coaches from across the United States and around the globe to expand the coaching curriculum.



USAV CAP, Sports Medicine and High Performance programs have access to cutting-edge teaching methods, information and technology through its relationship with the United States Olympic Committee (USOC) programs and other national federations.

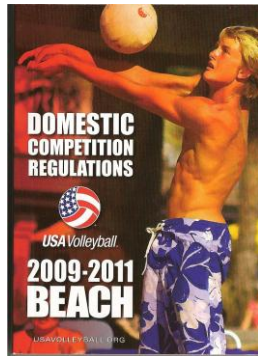
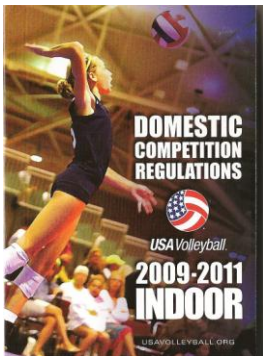


USA Volleyball "Sets" the Standards

USAV sets the standards for governance and specifies that every region in the country meet specific criteria to remain in good standing. USAV meetings - including its Board meetings - are open to the public.

USAV recommends beach and indoor rules standards for use by all youth and adult volleyball organization in the United States.

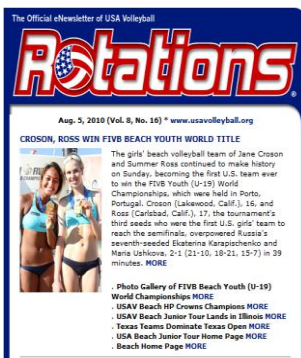
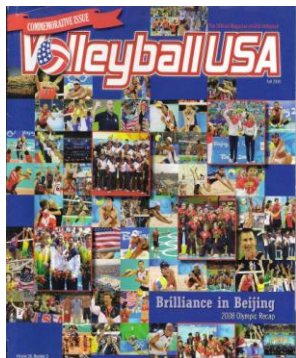
USAV has 40 Regional Volleyball Associations (RVAs) and 31 Affiliate Organizations (YMCA, AVCA, etc.) supporting its mission, all whom are eligible to participate in the annual USAV Congress in May.



Other Programming Benefits for USA Volleyball Members

USAV members are eligible to try out for and participate on Regional or National High Performance teams, including Team USA squads that compete internationally in zonal and World Championship events that are part of the Olympic pipeline.

Members receive the quarterly, full-color magazine Volleyball USA. The bi-weekly electronic newsletter "Rotations" is part of a wealth of news and information distributed to the public. Individuals can sign up for free email subscriptions on the USAV website: <http://usavolleyball.org/resources/free-e-news-updates>



USAV has an extensive awards program with categories for athletes, coaches, officials/scorekeepers, junior representatives, sports medicine and leaders for the sport.



Grassroots Development at Youth Through Adult Levels

USAV re-invests in the sport through financial support for under-represented populations including Starlings USA economically-disadvantaged clubs, boys' and college men (including grants for NCAA and NAIA institutions that are starting new varsity men's volleyball teams), military and a wealth of disabled programming.



Real Membership Discounts

Parents and players can save hundreds of dollars per season by taking advantage of the discount offers provided to USAV members from our sponsors – visit the web site section shown below for more.



USAV Website with USOC

A huge amount of free grassroots sport development material is available on the USA Volleyball Web Site, including Best Practices, the Grow the Game Together Blog, and “How To” instructions designed for players, club directors, coaches, officials and parents for all levels, quotes, posters, drills and a historical section as well. The USAV web site (www.usavolleyball.org) generates nearly 30 percent of the USOC’s total web traffic.



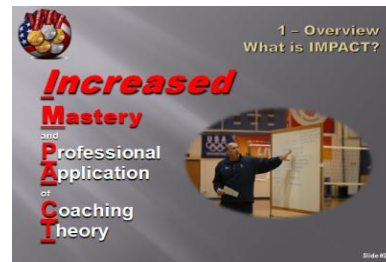
Free Webinars for Club Directors, Players, Coaches and Parents

For the last two years, we have offered dozens of webinars on skills, club enhancement, motor learning, recruiting, developing boys, the competitive cauldron, the mental game and much more. Coming in 2011 will be Olympians sharing their skill ideas, personal volleyball stories and doing Q and A with USAV junior players, all FREE of charge.



IMPACT Webinars

Since 1988, USA Volleyball has been proactively teaching new coaches entering the sport with the core principles to teaching, motor learning, coaching philosophy, risk management, skill and team systems, and annually updating the manual with the newest research from our USOC partners. These are done in person live by RVA instructors, or online by webinar at very low cost.



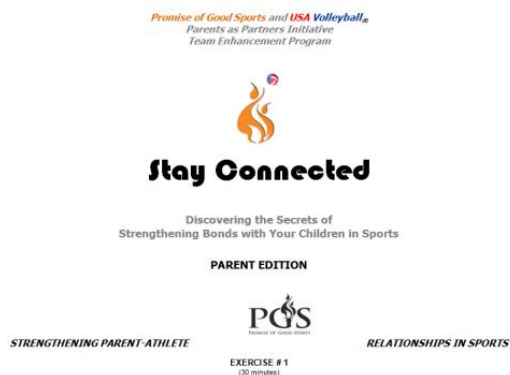
High Performance Newsletter

USAV’s High Performance (HP) Departments for both indoor and beach volleyball offer many levels of training camps, clinics, international competition and more, including a special newsletter for those participating in the HP pipeline at every level.



RVA Parents as Partners Initiative

With the Promise of Good Sports, USAV has a custom club and region Parent Training Program available at little to no cost. The Team Enhancement Program, where players and parents partner to enhance team planning, and then players teach their parents the game, along with great materials and books are all part of this program.



Free Skill Posters

By the end of this season, over 50 special volleyball posters featuring, thanks to our FIVB partner in growing the game, will be posted for free download and printing, to place on school and facility gym walls and help increase the deliberate practice time and provide skill role models for beach, indoor and disabled players of any age.



National & Regional Branding Support

The USAV National office and Regional Volleyball Associations partner to share branding materials, including scorekeeper table skirts, court numbering banners, approved volleyballs, PSAs and much more.



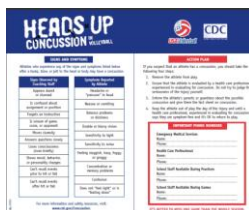
Special RVA Custom CDs

These FREE CDs contain over 100 items, including videos, posters, dozens of articles, animated drills, links and much more – for beach and indoor players and coaches of all levels (youth, junior and adult), disabled programs and school teachers.



Athlete Safeguards – Concussion Information

USA Volleyball has partnered with the Center for Disease Control to provide free USAV branded clipboard stickers for coaches and programs to help keep the key information about concussions right there on the court.



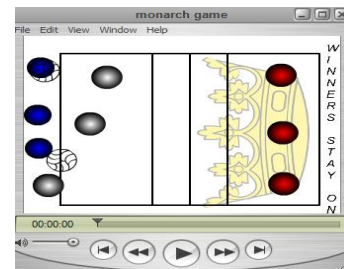
Grants for – Diversity, High School, College, State Department, Ludus, Starlings USA...

A whole host of grants to reach out to under-served volleyball populations, such as boys and economically disadvantaged kids, are available on a limited but substantial basis. In 2011 a five nation grant will bring NORCECA coaches and leaders to the USA, for special exchange training and partnership work.



Free Animated Drills and Topical Coaching Videos

This season will see animated drills of the top games that grassroots and elite programs should be incorporating, and dozens of 5-10 minute long coaching videos –including those for each skill, game variations and fundamental team systems.



We Are the Future

USA Volleyball has a full-time National Office staff, along with dedicated staff and volunteers at all 40 of its Regional Offices. Both national and regional staff deal with exclusively indoor and beach volleyball - no other sport.

The National Office and Regional Offices are devoted to providing standardized governance and programming to grow the game.

USAV holds regularly scheduled meetings between the National Office staff, Regional Volleyball Associations and Commission leaders to maintain the high level of quality members expect. *So join USA Volleyball and participate in this sport for a lifetime, at any and all levels. Get in touch with us at ---*

USA Volleyball

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USA Volleyball.

Thank you for your support provided to the U.S. Olympic and Paralympic Teams, which won a history-making three gold medals and two silver medals at the 2008 Olympic and Paralympic Games.

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